|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Männer** | **Alter** | | | | | | |
| **16** | **17-24** | **25-34** | **35-44** | **45-54** | **55-64** | **65+** |
| Untergewicht | < 18 | < 18 | < 19 | < 20 | < 21 | < 22 | < 23 |
| Normalgewicht | 19-24 | 19-24 | 20-25 | 21-26 | 22-27 | 23-28 | 24-29 |
| leichtes Übergewicht | 25-28 | 25-28 | 26-29 | 27-30 | 28-31 | 29-32 | 30-33 |
| Übergewicht | > 29 | > 29 | > 30 | > 31 | > 32 | > 33 | > 34 |
|  |  |  |  |  |  |  |  |
| **Frauen** | **Alter** | | | | | | |
| **16** | **17-24** | **25-34** | **35-44** | **45-54** | **55-64** | **65+** |
| Untergewicht | < 18 | < 19 | < 20 | < 21 | < 22 | < 23 | < 24 |
| Normalgewicht | 19-24 | 20-25 | 21-26 | 22-27 | 23-28 | 24-29 | 25-30 |
| leichtes Übergewicht | 25-28 | 26-29 | 27-30 | 28-31 | 29-32 | 30-33 | 31-34 |
| Übergewicht | > 29 | > 30 | > 31 | > 32 | > 33 | > 34 | > 35 |